



# Initial Intake Form

<b>FOR OFFICE USE ONLY</b>	
B: Y / N	Q: Y / N
ROF:	
M T W T H F R	
@ _____	
_ / _ / _	

## PATIENT INFORMATION

Name: \_\_\_\_\_ Birthday (M/D/Y): \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_  
(Street) (City) (State) (Postal Code)

Soc. Sec. #: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Marital status: \_\_\_\_\_ Occupation&Employer: \_\_\_\_\_

Home Ph. #: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Email: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_ #: \_\_\_\_\_

Name of Medical Doctor: \_\_\_\_\_ Permission to contact for labs, etc. Y/N

How did you hear about us?  Internet  Friend  Phone call  Ad  Other: \_\_\_\_\_

## INSURANCE INFORMATION (Please, do not leave anything blank)

Please check any/all insurance coverage that may be applicable in this case:  Health Ins  Work Comp  AUTO (PIP)

Primary Insurance: \_\_\_\_\_ Secondary Insurance: \_\_\_\_\_

Name of POLICY HOLDER: \_\_\_\_\_ Birthday of Policy Holder (M/D/Y): \_\_\_\_\_

## MAIN HEALTH CONCERNS

My usual health is:  Excellent  Good  Fair  Poor

Please list, in order of importance, your chief concerns:

- |          |          |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

Give a brief detailed description of the problem you are currently experiencing:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long have you had this condition? \_\_\_\_\_ Since it began, is it:  Same  Better  Worse  
What seemed to be the initial cause: \_\_\_\_\_

What activities aggravate your condition/pain? \_\_\_\_\_

What activities lessen your condition/pain? \_\_\_\_\_

Is this condition worse during certain times of the day?  Yes  No If yes, when? \_\_\_\_\_  
Is this condition interfering with  Work  Sleep  Routine  Other? \_\_\_\_\_

Other Doctors seen for this condition: \_\_\_\_\_



# Initial Intake Form

Any home remedies?

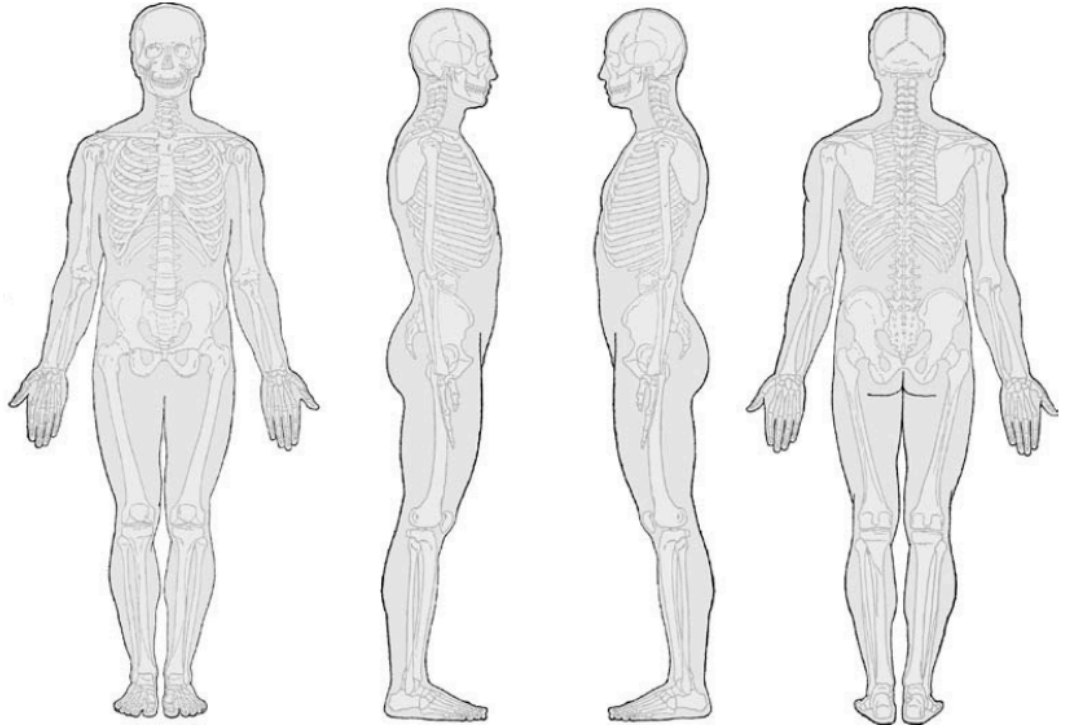
---



---

Using the symbols below, mark on the pictures where you feel pain.

Numbness	===
Dull Ache	ooo
Burning	xxx
Sharp/Stabbing	///
Pins, Needles	+++
Other _____	^^^



Height: \_\_\_\_\_ Weight: \_\_\_\_\_

## HOSPITALIZATIONS, SURGERIES, MAJOR ACCIDENTS/INJURIES, X-RAYS, CAT SCANS, MRIS, EKGS, ETC

(PLEASE USE BACK OF THIS PAGE TO COMPLETE THIS SECTION, IF NECESSARY)

Year: \_\_\_\_\_ Description: \_\_\_\_\_

Year: \_\_\_\_\_ Description: \_\_\_\_\_

Year: \_\_\_\_\_ Description: \_\_\_\_\_

Year: \_\_\_\_\_ Description: \_\_\_\_\_

## READ THE FOLLOWING QUESTIONS AND FILL IN THE NUMBER THAT APPLIES:

- 0 (leave blank) = Never consume or use
- 1 = Consume or use several times per month
- 2 = Consume or use weekly
- 3 = Consume or use daily

### DIET

Alcohol
  Artificial sweeteners
  Candy or other sweets



# Initial Intake Form

- Pop/soda
- Chewing tobacco

- Cigarettes
- Cigars/pipes

- Coffee
- Tea

## MEDICATIONS

Indicate with a check mark any medications you're currently taking or have taken in the past month:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Antacids          | <input type="checkbox"/> Birth control        | <input type="checkbox"/> Laxatives          |
| <input type="checkbox"/> Antibiotics       | <input type="checkbox"/> Chemotherapy         | <input type="checkbox"/> Insulin            |
| <input type="checkbox"/> Anticonvulsants   | <input type="checkbox"/> Cortisone            | <input type="checkbox"/> Recreational drugs |
| <input type="checkbox"/> Antidepressants   | <input type="checkbox"/> Diabetic medications | <input type="checkbox"/> Relaxants/Sleeping |
| <input type="checkbox"/> Antifungals       | <input type="checkbox"/> Diuretics            | <input type="checkbox"/> Thyroid medication |
| <input type="checkbox"/> Aspirin/Ibuprofen | <input type="checkbox"/> Heart medications    | <input type="checkbox"/> Pain medication    |
| <input type="checkbox"/> Asthma inhalers   | <input type="checkbox"/> High blood pressure  | <input type="checkbox"/> Ulcer medications  |
| <input type="checkbox"/> Beta blockers     | <input type="checkbox"/> Hormone Therapy      | <input type="checkbox"/> Other: _____       |

Indicate with a check mark any symptoms that apply (**past and present**)

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Headaches              | <input type="checkbox"/> Pain in Hands or Arms     | <input type="checkbox"/> Chest Pains            |
| <input type="checkbox"/> Neck Pain              | <input type="checkbox"/> Numbness in Hands or Arms | <input type="checkbox"/> Heart Attack           |
| <input type="checkbox"/> Sleeping Problems      | <input type="checkbox"/> Pain in Legs or Feet      | <input type="checkbox"/> High Blood Pressure    |
| <input type="checkbox"/> Low Back Pain          | <input type="checkbox"/> Numbness in Legs or Feet  | <input type="checkbox"/> Stroke                 |
| <input type="checkbox"/> Nervousness            | <input type="checkbox"/> Fatigue                   | <input type="checkbox"/> Cancer                 |
| <input type="checkbox"/> Tension                | <input type="checkbox"/> Depression                | <input type="checkbox"/> Painful Urination      |
| <input type="checkbox"/> Irritability           | <input type="checkbox"/> Sensitivity to light      | <input type="checkbox"/> Diabetes               |
| <input type="checkbox"/> Dizziness              | <input type="checkbox"/> Loss of Memory            | <input type="checkbox"/> Diarrhea               |
| <input type="checkbox"/> Pain Between Shoulders | <input type="checkbox"/> Shoulder Pain             | <input type="checkbox"/> Constipation           |
| <input type="checkbox"/> Neck Stiff             | <input type="checkbox"/> Sinus                     | <input type="checkbox"/> Stomach Upset          |
| <input type="checkbox"/> Joint Swelling         | <input type="checkbox"/> Shortness of Breath       | <input type="checkbox"/> Heartburn/Reflux       |
| <input type="checkbox"/> Fever                  | <input type="checkbox"/> Asthma                    | <input type="checkbox"/> Weight Loss            |
| <input type="checkbox"/> Loss of Balance        | <input type="checkbox"/> Allergies                 | <input type="checkbox"/> Loss of Smell or Taste |



# HIPPA FORM

---

Ringing in Ears

Jaw/TMJ Problems

Cold Hands

Cold Feet

Menstrual Cramps

Menopause